

Minute To Minute Course Programme
PROGRAM: THREE DAYS
DIPLOMA COURSE IN COSMETIC GYNAECOLOGY
Course Director & Faculty: Dr Navneet Magon, India

Day 1 (1000-2030hrs)		Day 2 (0900-1900hrs)		Day 3 (0900-1800hrs)	
1000 hrs onwards	Registration & Scrub Suits distribution	0900-1000hrs	Patient Safety, Comparative Efficacy, ROI, Portability, Accessibility, Affordability, Patient Acceptance, Patient Tolerance & Sustainability of Various EBDs	0900-1000hrs	Regenerative Gynaecology – PRP: Types of PRP, Preparation of PRP, Role of PRP
1100-1130hrs	Intake assessment (Pre- Course)	1000-1030hrs	Non-Surgical management of SUI – EBD, HIFEM & other modalities – Patient selection & treatment	1000-1030hrs	The Shots (O-Shot, V-Shot, F-Shot, G-Shot)
1130-1300hrs	Introduction to Cosmetic Gynaecology (History, Need & Evolution)	1030-1045hrs	Vaginal & Labial Threads: Do they have a place in Current Scenario?	1030-1130hrs	Signature Kamasutra Shot
1300-1330hrs	What to expect from this course?	1045-1100hrs	HA & Other Vulvo-Vaginal Fillers & Injections: Current role in CosGyn	1100-1130hrs	Coffee Break & Discussions with Professor Navneet Magon on [Discussions on how to decide on “must-have” and “good-to-have” and prioritising your requirements]
1330-1430hrs	Working Lunch & Open House with Professor Navneet Magon	1100-1115hrs	Non-surgical Labial Augmentation & Mons Augmentation	1130-1200hrs	Live Demonstrations
1430-1500hrs	Patient selection for Cosmetic Gynaecology procedures	1115-1130hrs	Vulvovaginal Rejuvenation: Combination of Treatments	1200-1230hrs	Supervised Hands On
1500-1530hrs	Setting up a Cosmetic Gynaecology Practice	1130-1145hrs	Coffee Break	1230-1300hrs	Supervised Hands On
1530-1630hrs	Marketing, Website & Social Media	1145-1215hrs	Laser Machines: Live Demonstration & Hands-on	1300-1330hrs	Post Course Assessment
1630-1645hrs	Coffee Break & Open House Discussions	1215-1245hrs	Radiofrequency Machines: Live Demonstration & Hands-on	1330-1430hrs	Working Lunch & Open House with Dr Navneet Magon
1645-1715hrs	Laser Physics & Laser – Tissue Interaction	1245-1310 hrs	Magneto-therapy, HIFEM, FMS: Live Demonstration & Hands-on	1430-1530hrs	Introduction to Surgical Cosmetic Gynaecology
1715-1745hrs	Plasma Physics & Plasma – Tissue Interaction	1310-1330 hrs	Portable Plasma Energy Machine: Live Demonstration & Hands-on	1530-1630hrs	Intimate Area Lightening, Brightening & Whitening
1745-1815hrs	Principles of Radiofrequency, EMS & Electromagnetics	1330-1430hrs	Working Lunch & Open House with Professor Navneet Magon: [Discussions on how not to get influenced by Industry in deciding your equipment & driven only by good science]	1630-1700hrs	How to integrate Cosmetic Gynaecology practice into your existing practice in the most cost efficient manner
1815-1840hrs	Lasers – Various types of Ablative & Non-ablative Lasers: Which, When and How?	1430-1500hrs	Live Demonstrations	1700-1800hrs	Graduation Ceremony & Distribution of certificates

1840-1905hrs	Radiofrequency – Monopolar / Bi-polar / Multi-polar / TTCRF: Which, When and How?	1530-1600hrs	Supervised Hands On	NOTE	CANDIDATES TO LEAVE THE CENTRE ONLY AFTER 6 P.M.
1905-1915hrs	Vaginal MNRF & Vaginal EMS: Current Scenario	1600-1630hrs	Supervised Hands On		
1915-1930hrs	Vaginal Plasma Energy: How & When?	1630-1645hrs	Coffee Break		
1930-2000hrs	Magnetotherapy: HIFEM & FMS: Chairs or Stools & Back or Bums : Which, When and How?	1645-1730hrs	Live Demonstrations		
2000-2030hrs	Open House Discussions with Professor Navneet Magon	1730-1800hrs	Supervised Hands On		
		1800-1830hrs	Supervised Hands On		
		1830-1900hrs	Discussions on Hands-on procedures performed		