

Minute To Minute Course Programme
PROGRAM: THREE DAYS
DIPLOMA COURSE IN COSMETIC GYNAECOLOGY (NON-SURGICAL)
Course Director & Faculty: Dr Navneet Magon, India

Day 1

1000 hrs onwards	Registration & Scrub Suits distribution
1100-1130hrs	Intake assessment (Pre- Course)
1130-1300hrs	Introduction to Cosmetic Gynaecology (History, Need & Evolution)
1300-1330hrs	What to expect from this course?
1330-1430hrs	Working Lunch & Open House with Professor Navneet Magon
1430-1500hrs	Patient selection for Cosmetic Gynaecology procedures
1500-1530hrs	Setting up a Cosmetic Gynaecology Practice
1530-1630hrs	Marketing, Website & Social Media
1630-1645hrs	Coffee Break & Open House Discussions
1645-1715hrs	Laser Physics & Laser – Tissue Interaction
1715-1745hrs	Plasma Physics & Plasma – Tissue Interaction
1745-1815hrs	Principles of Radiofrequency, EMS & Electromagnetics
1815-1840hrs	Lasers – Various types of Ablative & Non-ablative Lasers: Which, When and

How?

1840-1905hrs

Radiofrequency – Monopolar / Bi-polar / Multi-polar / TTRCF: Which, When and How?

1905-1915hrs

Vaginal MNRF & Vaginal EMS: Current Scenario

1915-1930hrs

Vaginal Plasma Energy: How & When?

1930-2000hrs

Magnetotherapy: HIFEM & FMS: Chairs or Stools & Back or Bums : Which, When and How?

2000-2030hrs

Open House Discussions with Professor Navneet Magon

Day 2

0900-1000hrs

Patient Safety, Comparative Efficacy, ROI, Portability, Accessibility, Affordability, Patient Acceptance, Patient Tolerance & Sustainability of Various EBDs

1000-1030hrs

Non-Surgical management of SUI – EBD, HIFEM & other modalities – Patient selection & treatment

1030-1045hrs

Vaginal & Labial Threads: Do they have a place in Current Scenario?

1045-1100hrs

HA & Other Vulvo-Vaginal Fillers & Injections: Current role in CosGyn

1100-1115hrs

Non-surgical Labial Augmentation & Mons Augmentation

1115-1130hrs

Vulvovaginal Rejuvenation: Combination of Treatments

1130-1145hrs

Coffee Break

1145-1215hrs	Laser Machines: Live Demonstration & Hands-on
1215-1245hrs	Radiofrequency Machines: Live Demonstration & Hands-on
1245-1310 hrs	Magneto-therapy, HIFEM, FMS: Live Demonstration & Hands-on
1310-1330 hrs	Portable Plasma Energy Machine: Live Demonstration & Hands-on
1330-1430hrs	Working Lunch & Open House with Professor Navneet Magon: [Discussions on how not to get influenced by Industry in deciding your equipment & driven only by good science]
1430-1500hrs	Live Demonstrations
1530-1600hrs	Supervised Hands On
1600-1630hrs	Supervised Hands On
1630-1645hrs	Coffee Break
1645-1730hrs	Live Demonstrations
1730-1800hrs	Supervised Hands On
1800-1830hrs	Supervised Hands On
1830-1900hrs	Discussions on Hands-on procedures performed
Day 3	
0900-1000hrs	Regenerative Gynaecology – PRP: Types of PRP, Preparation of PRP, Role of PRP

1000-1030hrs	The Shots (O-Shot, V-Shot, F-Shot, G-Shot)
1030-1130hrs	Signature Kamasutra Shot
1100-1130hrs	Coffee Break & Discussions with Professor Navneet Magon on [Discussions on how to decide on “must-have” and “good-to-have” and prioritising your requirements]
1130-1200hrs	Live Demonstrations
1200-1230hrs	Supervised Hands On
1230-1300hrs	Supervised Hands On
1300-1330hrs	Post Course Assessment
1330-1430hrs	Working Lunch & Open House with Dr Navneet Magon
1430-1530hrs	Introduction to Surgical Cosmetic Gynaecology
1530-1630hrs	Intimate Area Lightening, Brightening & Whitening
1630-1700hrs	How to integrate Cosmetic Gynaecology practice into your existing practice in the most cost efficient manner
1700-1800hrs	Graduation Ceremony & Distribution of certificates
NOTE	CANDIDATES TO LEAVE THE CENTRE ONLY AFTER 6 P.M.