Minute To Minute Structured Program

Diploma Course in Cosmetic Gynaecology (Non-Surgical)

Course Director & Lead Faculty: Dr. Navneet Magon, India

Course Dates: 10-12 February 2023

Venue: Elle Sante, Hyderabad Centre in Jubilee Hills, Hyderabad

Day 1		
1200-1230hrs	Registration	
1230-1300hrs	Intake assessment (Pre- Course)	
1300-1400hrs	Working Lunch & Open House with Dr Navneet Magon	
1400-1430hrs	Introduction to Cosmetic Gynaecology (History, Need & Evolution)	
1430-1500hrs	What to expect from this course?	
1500-1530hrs	Patient selection for Cosmetic Gynaecology procedures	
1530-1600hrs	Photography in Cosmetic Gynaecology	
1600-1630hrs	Setting up a Cosmetic Gynaecology Practice, Website, Marketing & Social Media	
1630-1700hrs	HA & Other Vulvo-Vaginal Fillers & Injections	
1700-1800hrs	Vaginal & Labial Threads	
1800-1900hrs	Autologous Fat in Vulvo-vaginal Rejuvenation	
Day 2		
0930-1030hrs	Laser Physics	

1030-1100hrs	Principles of Radiofrequency & Electromagnetics	
1100-1200hrs	Lasers – Various types of Ablative & Non-ablative Lasers: Which, When and How?	
1200-1300hrs	Radiofrequency – Monopolar / Bi-polar / Multi-polar / TTCRF: Which, When and How?	
1300-1330hrs	HIFEM: Chairs or Stools & Back or Bums: Which, When and How?	
1330-1430hrs	Working Lunch & Open House with Dr Navneet Magon: [Discussions on how not to get influenced by Industry in deciding your equipment & driven only by good science]	
1430-1500hrs	Live Demonstrations	
1530-1615hrs	Supervised Hands On	
1615-1700hrs	Supervised Hands On	
1700-1745hrs	Supervised Hands On	
1745-1830hrs	Discussions on Hands-on procedures performed	
Day 3		
0930-1030hrs	Regenerative Gynaecology – PRP: Types of PRP, Preparation of PRP, Role of PRP	
1030-1100hrs	The Shots (O-Shot, V-Shot, F-Shot, G-Shot)	
1100-1130hrs	Signature Kamasutra Shot	
1130-1200hrs	Vulvovaginal Rejuvenation: Combination of Treatments	
1200-1230hrs	Non-surgical Labial Augmentation & Mons Augmentation	

1230-1300hrs	Intimate Bleaching / Depigmentation & Botox
1330-1430hrs	Working Lunch & Open House with Dr Navneet Magon [Discussions on how to decide on "must-have" and "good-to-have" and prioritising your requirements]
1430-1500hrs	Live Demonstrations
1500-1530hrs	Supervised Hands On
1530-1600hrs	Supervised Hands On
1600-1630hrs	Supervised Hands On
1630-1700hrs	Non-Surgical management of SUI – EBD, HIFEM & other modalities – Patient selection & treatment
1700-1730hrs	Post Course Assessment
1730-1800hrs	Introduction to Surgical Cosmetic Gynaecology
1800-1830hrs	How to integrate Cosmetic Gynaecology practice into your existing practice in the most cost efficient manner
1900 onwards	Graduation Ceremony & Distribution of certificates
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