

**Minute To Minute Structured Program**

**Diploma Course in Cosmetic Gynaecology (Non-Surgical)**

**Course Director & Faculty: Pr. Navneet Magon, India**

**Course Dates: 9-11 December 2022**

**Venue: Elle Sante Vile Parle Centre in Vile Parle (East), Mumbai**

<b><u>Day 1</u></b>	
1000-1100hrs	Registration
1100-1130hrs	Intake assessment (Pre- Course)
1130-1145hrs	Coffee Break
1145-1300hrs	Introduction to Cosmetic Gynaecology (History, Need & Evolution)
1300-1330hrs	What to expect from this course?
1330-1430hrs	Working Lunch & Open House with Professor Navneet Magon
1330-1430hrs	Laser Physics
1430-1530hrs	Principles of Radiofrequency & Electromagnetics
1600-1630hrs	Lasers – Various types of Ablative & Non-ablative Lasers: Which, When and How?
1630-1700hrs	Radiofrequency – Monopolar / Bi-polar / Multi-polar / TTRCF: Which, When and How?
1700-1730hrs	Coffee Break & Open House Discussions
1730-1830hrs	HIFEM & FMS: Chairs or Stools & Back or Bums : Which, When and How?
<b><u>Day 2</u></b>	
0900-1000hrs	Setting up a Cosmetic Gynaecology Practice, Website, Marketing & Social Media
1000-1045hrs	Non-Surgical management of SUI – EBD, HIFEM & other modalities – Patient selection & treatment
1045-1130hrs	Vaginal & Labial Threads
1130-1145hrs	Coffee Break
1145-1230hrs	Non-surgical Labial Augmentation & Mons Augmentation
1230-1300hrs	Vulvovaginal Rejuvenation: Combination of Treatments
1300-1330hrs	Intimate Area Lightening, Brightening & Whitening
1330-1430hrs	Working Lunch & Open House with Professor Navneet Magon: [Discussions on how not to get influenced by Industry in deciding your equipment & driven only by good science]
1430-1500hrs	Live Demonstrations
1530-1600hrs	Supervised Hands On
1600-1630hrs	Supervised Hands On
1630-1645hrs	Coffee Break

1645-1730hrs	<i>Live Demonstrations</i>
1730-1800hrs	<i>Supervised Hands On</i>
1800-1830hrs	<i>Supervised Hands On</i>
1830-1900hrs	<i>Discussions on Hands-on procedures performed</i>
<b>Day 3</b>	
0900-1000hrs	<i>Regenerative Gynaecology – PRP: Types of PRP, Preparation of PRP, Role of PRP</i>
1000-1015hrs	<i>The Shots (O-Shot, V-Shot, F-Shot, G-Shot)</i>
1015-1030hrs	<i>Signature Kamasutra Shot</i>
1030-1100hrs	<i>Vulvo-Vaginal Botox &amp; Fillers</i>
1105-1130hrs	<i>Coffee Break &amp; Discussions with Professor Navneet Magon on How to integrate Cosmetic Gynaecology practice into your existing practice in the most cost efficient manner</i>
1130-1200hrs	<i>Live Demonstrations</i>
1200-1230hrs	<i>Supervised Hands On</i>
1230-1300hrs	<i>Supervised Hands On</i>
1300-1330hrs	<i>Introduction to Surgical Cosmetic Gynaecology</i>
1330-1400hrs	<i>Post Course Assessment</i>
1400-1500hrs	<i>Working Lunch &amp; Open House with Dr Navneet Magon [Discussions on how to decide on “must-have” and “good-to-have” and prioritising your requirements]</i>
1500 hrs onwards	<i>Graduation Ceremony &amp; Distribution of certificates</i>